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## plasmapheresis in pediatrics Dr. Ahlam Badawy Assuit University



## Agenda

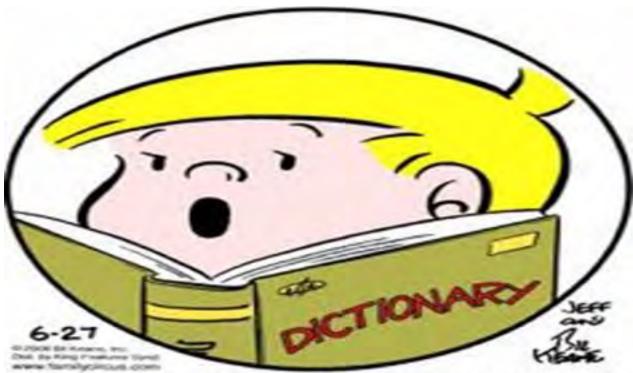
- 1. Introduction
- 2. Indication of therapeutic plasma exchange in children
- 3. When? , how ? and how long?
- 4. Technical aspects of pediatric plasma exchange
- 5. complication

# Introduction

# Apheresis is derived from a Greek word meaning to take away by force.

Donation

► Therapeutic



"That's weird. 'VERB' is a noun."

# Historical background

- It is unclear when the notion of therapeutic removal of blood components first origined , but it was flourishing even before Hippocrates in the fifth century BC
- Bloodletting to remove evil "humors" was common place medical practice



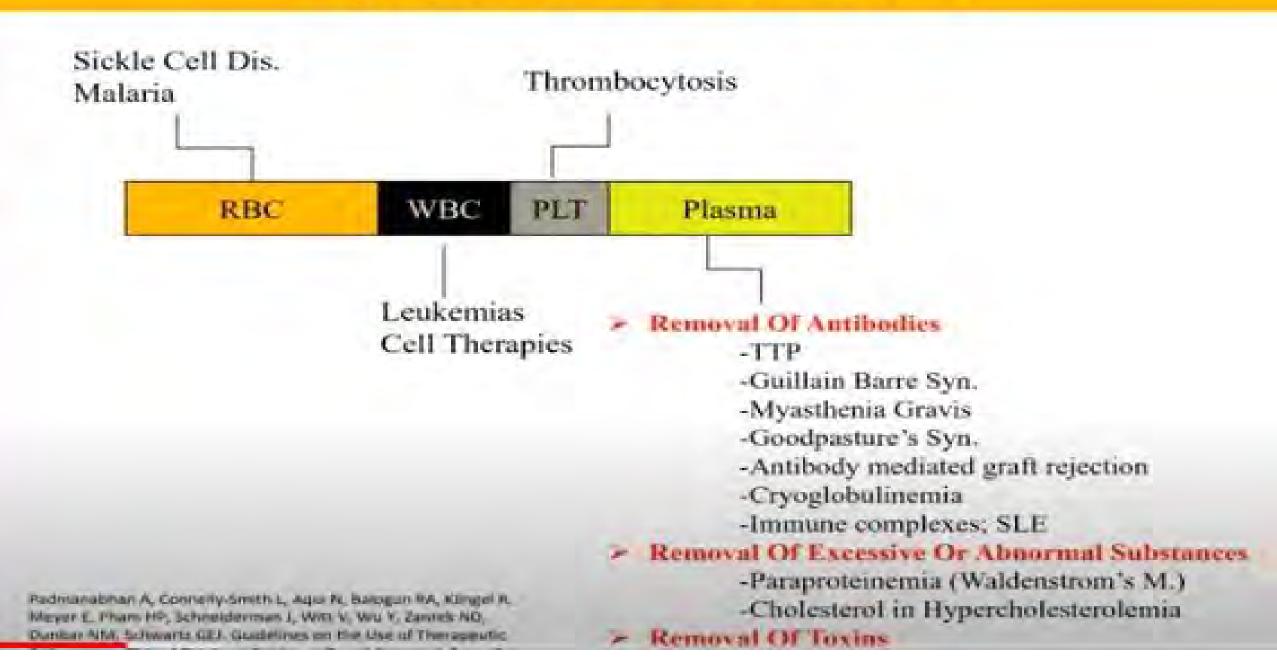


## Therapeutic apheresis

#### > Plasmapheresis

- > Cytaphersis
  - Leucopheresis (lymphocytapheresis)
  - Plateletpheresis
  - RBCs(Exchange transfusion)

## Apheresis in Clinical Practice



#### PLASMA REMOVAL WITH RETURN OF CORPUSCLES (PLASMAPHAERESIS) FIRST PAPER

JOHN J. ABEL, L. G. ROWNTREE, and B. B. TURNER Journal of Pharmacology and Experimental Therapeutics July 1914, 5 (6) 625-641;

> John Jacob Abel in 1914, who showed, together with his team, that large amounts of plasma could be extracted periodically from dogs as long as the red blood cells were re infused



Plasma Therapy Evolution

## Therapeutic plasma exchange (TPE)

#### Plasma pharesis

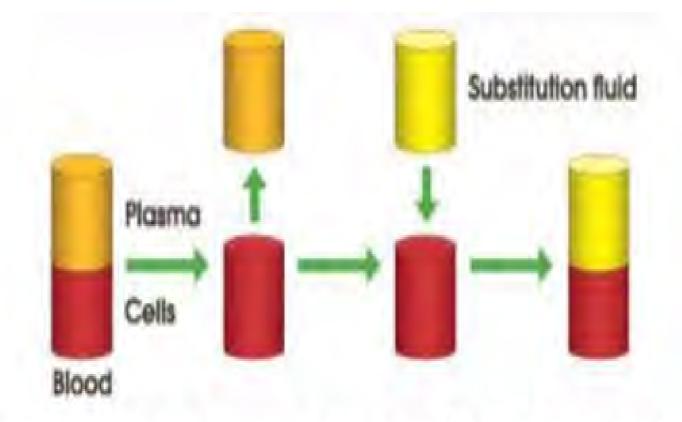
#### plasma pharesis

is a procedure in which plasma of patient or donner is removed without the use of colloid replacement solution.

less than 15% of total plasma volume

#### **Therapeutic plasma exchange (TPE)**

A therapeutic procedure in which plasma is removed and replaced with a replacement solution such as colloid solution (e.g., albumin and/or plasma) or a combination of crystalloid/colloid solution.



Plasmapheresis is a process in which plasma is separated from blood cells and then plasma is replaced with another solution like albumin or FFP

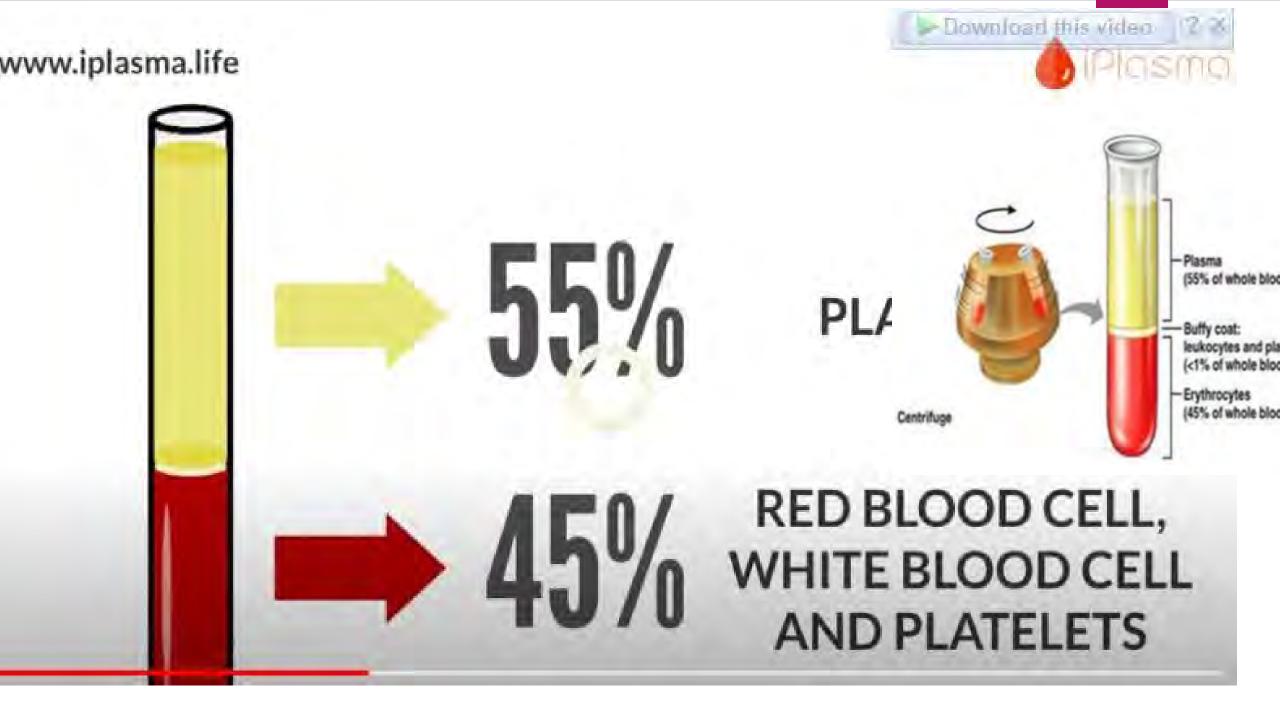
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#### Methods of therapeutic plasma exchange

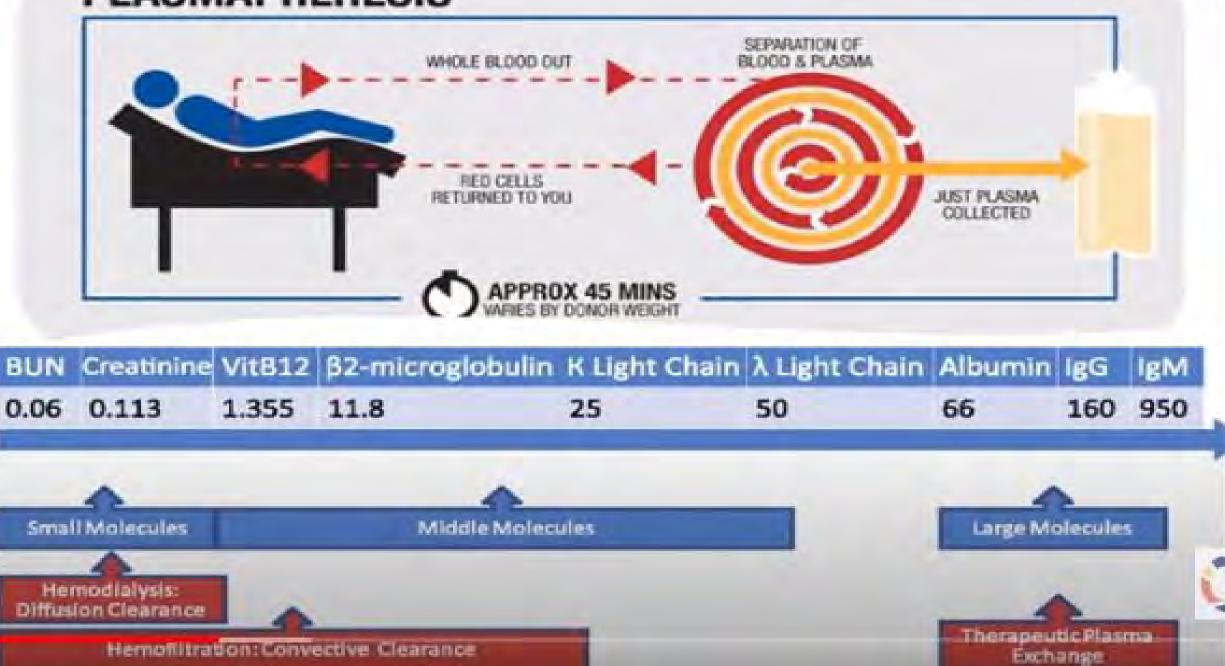


#### 2 types of device:

 One that separates the plasmafromthecellular components based on size (Filtration-based apheresis), and One that separates components based on density (Centringationbased apheresis) 12

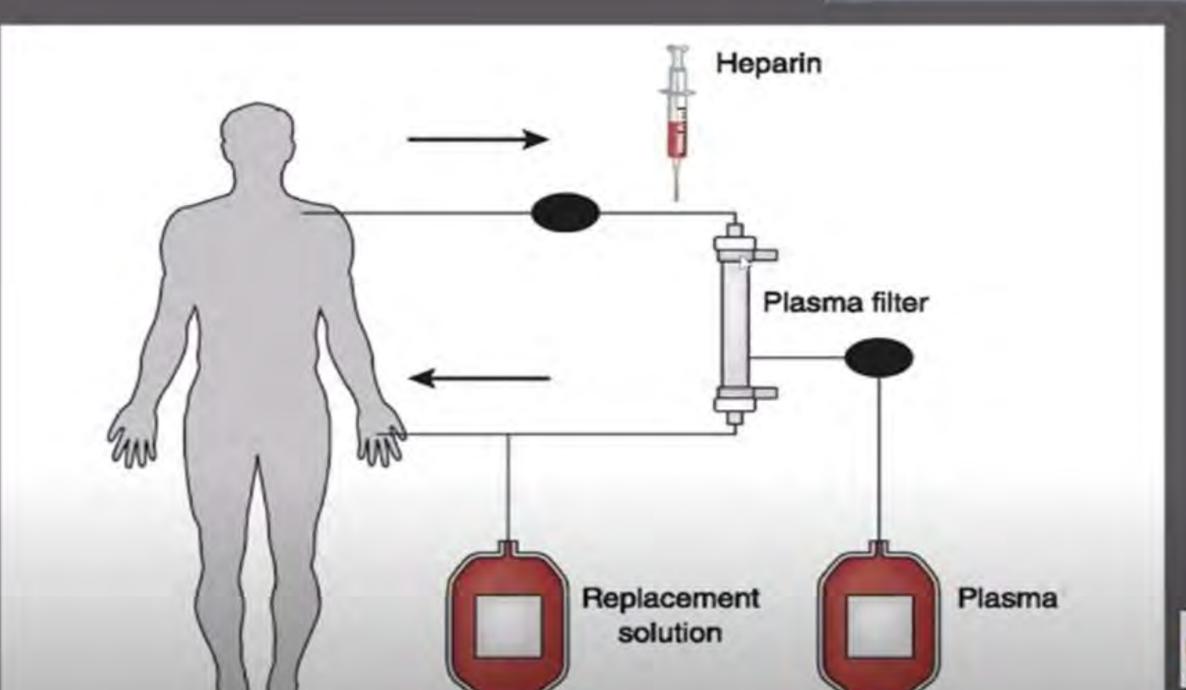


#### PLASMAPHERESIS

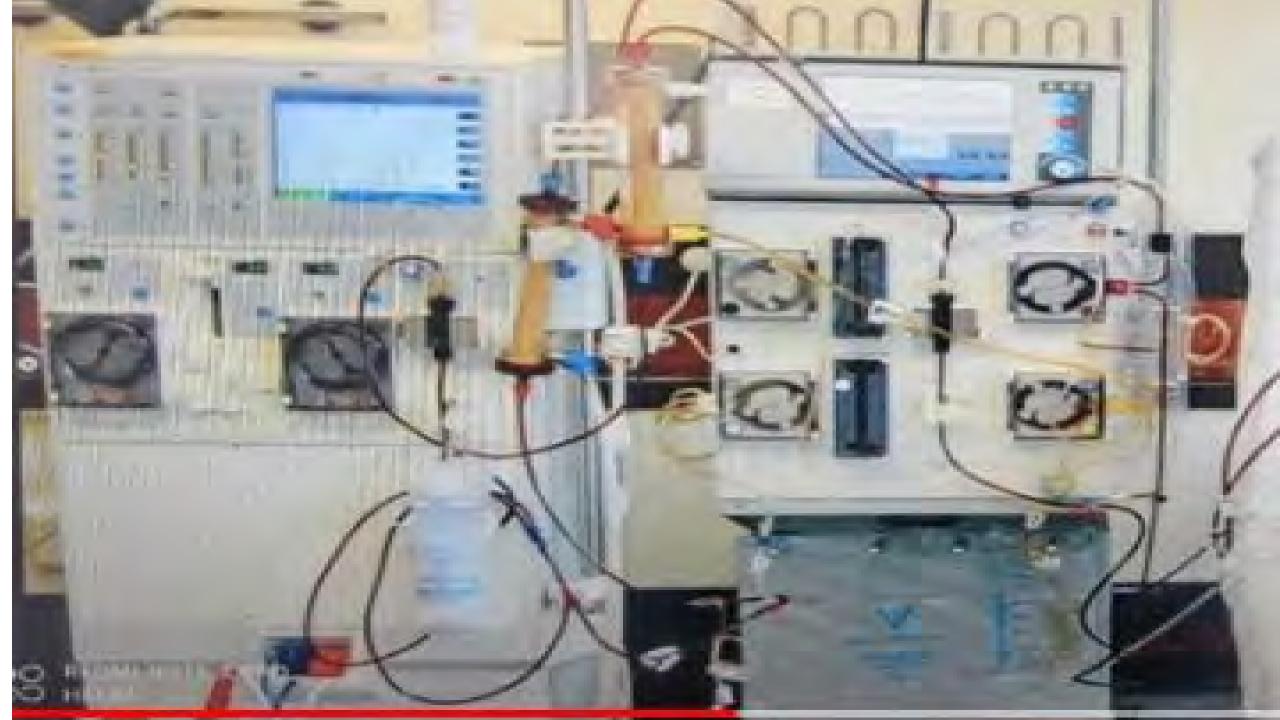


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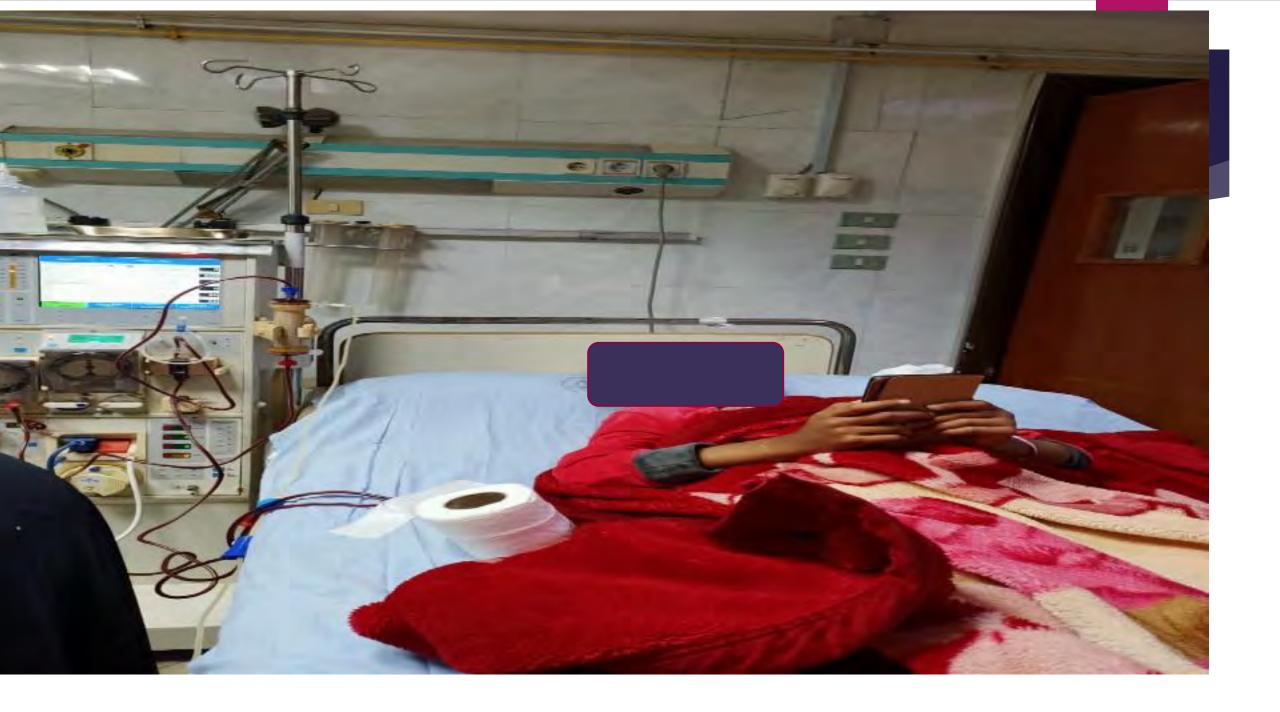












#### **Technical considerations**

#### Membrane apheresis:

#### Advantage:

- Fast and efficient plasmapheresis
- No citrate requirement
- Can be adapted for cascade filtration

#### Disadvantage:

- Removal of substance limited by sieving coefficient of membrane
- Unable to perform cytapheresis
- Requires high blood flows, central venous access
- Requires heparin anticoagulation limiting use in bleeding disorders



#### **Therapeutic plasma exchange (TPE)**

- In clinical practice, there are two rationales for using TPE:
- to remove an inciting circulating pathogenic molecule (antibody, immune complex, toxin, etc.)
- 2) to replace a deficient factor, as in systemic thrombotic microangiopathy.

# Indication of therapeutic plasma exchange in children

## Renal diseases

- Renal transplant conditions
- ABO-incompatible kidney transplant
- Pretransplant desensitization
- Antibody-mediated rejection
- Recurrent focal segmental glomerulosclerosis



- > Immune-mediated glomerular disease
- Anti-glomerular basement membrane disease
- ANCA-associated RPGN
- IgA nephropathy
- Henoch-Schonlein purpura nephritis
- Other immune-mediated glomerulonephritis
- Cryoglobulinemia



#### > Others

- Atypical hemolytic uremic syndrome
- Thrombotic thrombocytopenic purpura
- Sepsis with multiorgan failure
- Myeloma cast nephropathy



## Hematologic

- > ABO-incompatible stem cell transplant
- > Autoimmune hemolytic anemia (Cold agglutinin)
- Catastrophic antiphospholipid antibody syndrome
- > Aplastic anemia (pure red cell aplasia)
- > Hyperviscosity in monoclonal gammopathies
- Post-transfusion purpura

## Neurologic

- > Acute disseminated encephalomyelitis
- Guillain–Barre syndrome
- Myasthenia gravis
- PANDAS, Sydenham's chorea
- > Chronic focal encephalitis
- Multiple sclerosis
- Lamber–Eaton myasthenic syndrome
- Lupus cerebritis
- Neuromyelitis optica

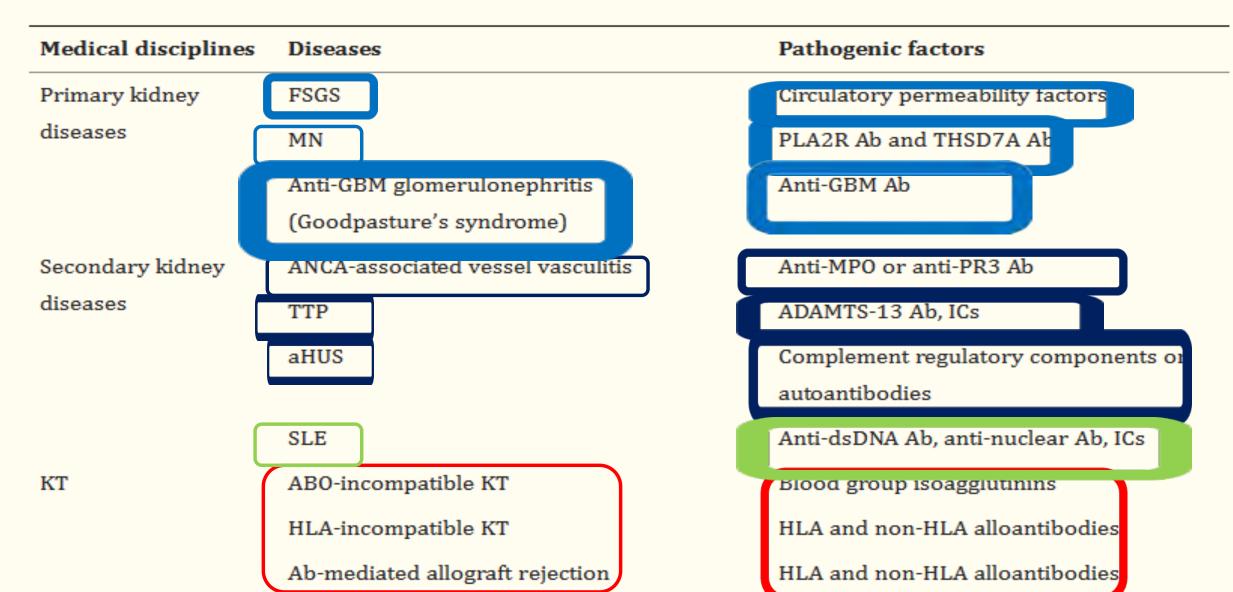


## Metabolic

- Familial hypercholesterolemia (homozygotes, small blood volume)
- > Mushroom poisoning
- Refsum's disease
- > Wilson's disease, fulminant

#### Table 2.

Indications for therapeutic apheresis in diseases involved kidney and their pathogenic factors.







> J Clin Apher. 2023 Apr;38(2):77-278. doi: 10.1002/jca.22043.

Guidelines on the Use of Therapeutic Apheresis in Clinical Practice - Evidence-Based Approach from the Writing Committee of the American Society for Apheresis: The Ninth Special Issue

Laura Connelly-Smith <sup>1</sup>, Caroline R Alquist <sup>2</sup>, Nicole A Aqui <sup>3</sup>, Jan C Hofmann <sup>4</sup>, Reinhard Klingel <sup>5</sup> <sup>6</sup>, Oluwatoyosi A Onwuemene <sup>7</sup>, Christopher J Patriquin <sup>8</sup>, Huy P Pham <sup>9</sup>, Amber P Sanchez <sup>10</sup>, Jennifer Schneiderman <sup>11</sup>, Volker Witt <sup>12</sup>, Nicole D Zantek <sup>13</sup>, Nancy M Dunbar <sup>14</sup>

Affiliations + expand

PMID: 37017433 DOI: 10.1002/jca.22043

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#### The American Society for Apheresis (ASFA) Categories

Category	Description				
I	Disorders for which apheresis is accepted as <b>first-line</b> <b>therapy</b> , either as a primary standalone treatment or in conjunction with other modes of treatment.				
II	Disorders for which apheresis is accepted as <b>second-line</b> <b>therapy</b> , either as a standalone treatment or in conjunction with other modes of treatment.				
III	Optimum role of apheresis therapy is <b>not established</b> . Decision making should be individualized.				
IV	Disorders in which published evidence demonstrates or suggests apheresis to be <b>ineffective</b> or <b>harmful</b> .				



Table 3. Therapeutic apheresis for the treatment of kidney diseases: recommendation grades and indication categories in 2019 American Society for Apheresis guidelines [1].ABO incompatible!

Disease	Indication	Apheresis	Category	Recommendation grade	Technical notes
FSGS	Recurrent in KT	PE/IAS	1	Grade 1B	Volume treated: TPE, LA, or IA with single use
	Recurrent in KT/Steroid resistant in native kidney	LDL-A	n.	Grade 2C	adsorbers: 1.0–1.5 TPV; IA with regenerative adsorbers: 2–3 TPV.Frequency: Daily or every other day at initiation of treatment.
	Steroid resistant in native kidney	PE	HI	Grade 2C	Subsequent frequency and duration based on patient response.
Anti-GBM	DAH	PE	1	Grade 1C	Volume treated: 1-1.5 TPVFrequency: daily or
glomerulonephritis	Dialysis-independence	PE	4	Grade 1B	every other day for 14 days or until anti-GBM
	Dialysis-dependence (Cr > 5.7mg/dl)	PE	MI	Grade 2B	undetectable
ANCA-	MPA/GPA/RLV				Volume treated: 1-1.5 TPVFrequency: daily in
associated disease	RPGN, $Cr \ge 5.7 mg/dl$	PE	.11	Grade 1B	DAH, typically every other day in absence
	RPGN, $Cr < 5.7 mg/dl$	PE	1110	Grade 2C	of DAH
	DAH	PE	T.	Grade 1C	
	EGPA	PE	HI	Grade 2C	
SLE	Severe complications	PE	н	Grade 2C	Volume treated: 1–1.5 TPVFrequency: LN or DAH: daily or every other day: Other severe complications: 1–3 times per week. Typically course of 3–6 PE is enough to see response
TMA	TTP	PE	1	Grade 1A	Volume treated: 1–1.5 TPVFrequency: daily until platelets >150K and LDH near normal for 2–3 consecutive days, taper vs abrupt discontinuation practices vary
	STEC-HUS	PE/IAS	300	Grade 2C	Volume treated: 1–1.5 TPVFrequency: daily until improvement, no standardized approach exists
	aHUS				Volume treated: 1–1.5 TPVFrequency: daily until
	Factor H autoantibody	PE	1	Grade 2C	clinical response (complement mediated),
	CF gene mutations	PE	101	Grade 2C	daily or every other day for coagulation mediated TMA
KT					
ABO incompatible	Desensitization	PE/IAS		Grade 1B	Volume treated: 1 - 1.5 TPV Frequency: daily or
	AMR	PE/IAS		Grade 18	every other day, antibody titer is less than critical threshold prior to before KT
ABO compatible	Desensitization	PE/IAS	1	Grade 1B	Volume treated: 1–1.5 TPVFrequency: usually 5
	AMR	PE/IAS	1	Grade 1B	or 6, daily or every other day

Diagnosis	ASFA category	Pathogenic molecule	Prescription			Notes	Selected reports
			Treatment volume and replacement fluid	Frequency	Duration/endpoint		on pediatric patient population
ABO-incompatible renal transplantation	Π	Anti-A or Anti-B endothelial oligosaccharide antibodies	<ul><li>1–1.5 plasma volume</li><li>5 % Albumin, plasma (compatible with recipient and donor)</li></ul>	Daily or every other day for 2-5 days prior to transplant	Reduce IgM or IgG antibody titers ≤4 Usually 2–5 treatments	After transplant: consider daily TPE followed by IVIG for 2-3 days Follow daily ABO antibody levels after transplant ×2 weeks	[20, 21]
Desensitization before renal transplantation Living donor positive cross-match	Ш	Donor-specific HLA antibodies	<ul><li>1-1.5 plasma volume</li><li>5 % Albumin</li><li>Plasma if coagulopathy, preoperative</li></ul>	Preop: Daily or every other day until negative cross-match	Follow donor-specific antibodies to determine further treatments Minimum 3 treatments after surgery		[10]

Table 2 Summary of renal indications and recommended treatment for plasmapheresis in children

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Critical Care Pediatric Nephrology and Dialysis: A Practical Handbook

Table 2 (continued)

Diagnosis	ASFA category	Pathogenic molecule	Prescription			Notes	Selected reports
			Treatment volume and replacement fluid	Frequency	Duration/endpoint		on pediatric patient population
Atypical hemolytic uremic syndrome Factor H antibody	1	Factor H antibody	1–1.5 plasma volume 5 % Albumin Plasma	Daily	Daily X5 days, then 5 days/ week X2 weeks, then 3x/ week X2 weeks, taper as tolerated		[84, 90, 94]
Complement mutations	П	Replace deficient factors, remove defective factors					
Thrombotic thrombocytopenic purpura	I	Replace deficient ADAMTS 13, ADAMTS 13 Antibody	1-1.5 plasma volume Plasma or cryo poor plasma	Daily	Daily until platelet count >150,000/L×2 days, then taper		

TPE, Therapeutic plasma exchange; IVIG, Intravenous immunoglobulin; HLA, human leukocyte antigen; ASFA, American society for apheresis; IgM, Immunoglobulin M; IgG, Immunoglobulin G; ANCA, Anti-neutrophil cytoplasmic antibodies



### plasmapheresis Autoantibodies bind to glomerular/alveolar basement membrane

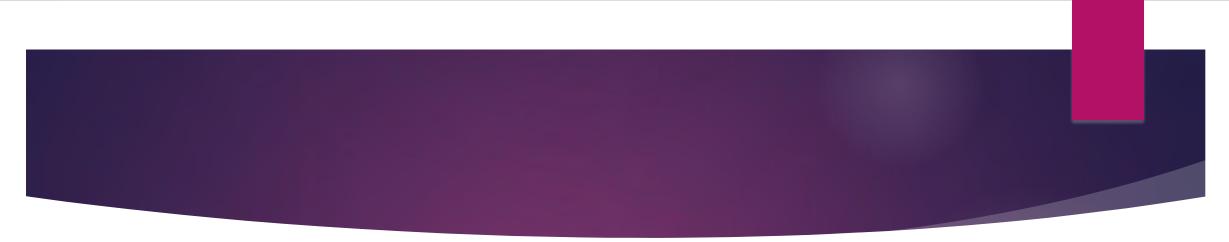


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Recognize  $\alpha_3$  chain of type IV collagen

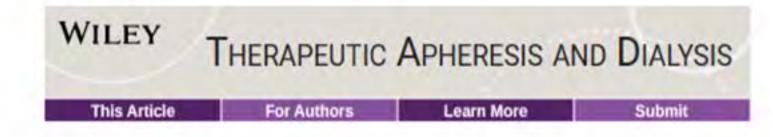
Given this situation, the 2021 KDIGO guidelines recommend that "glucocorticoids and plasmapheresis should be initiated as soon as possible (within 24 h)" even before the return of anti-GBM antibody data" when the disease is suspected

Activate



- ▶ it should be continued daily until the anti-GBM antibody disappear from the serum.
- It takes about 1 month for anti-GBM antibodies to disappear from the serum, and during this period, even if PEX is performed, the anti-GBM antibody increase the next day.
- Anti-GBM disease is usually" a one-hit phenomenon", and once the anti-GBM antibody has disappeared from the serum, it does not rise again.

Category description and recommendation grade of systemic vasculitides in ASFA guideline [2, 3]					
Disease		Indication	Modality	Category	Grade
Medium vessel vasculitis, MVV					
Polyarteritis nodosa, PAN			TPE	IV	1B
Small vessel vasculitis, SVV					
ANCA-associated vas	culitis, AA	W_ <sup>2</sup>			
Microscopic polyangiitis, MPA	AAV	MPA/GPA/RLV: RPGN, Cr ≥ 5.7 mg/dl <sup>b</sup>	TPE	II	1B
Granulomatosi s with polyangiitis (Wegener's), GPA		MPA/GPA/RLV: RPGN, Cr < 5.7 mg/dl <sup>b</sup>			2C
		MPA/GPA/RLV: DAH			1C



PMCID: PMC9311821

PMID: 35247230

Ther Apher Dial. 2022 Jun; 26(3): 493–506. Published online 2022 Mar 16. doi: 10.1111/1744-9987.13829

Plasmapheresis for systemic vasculitis

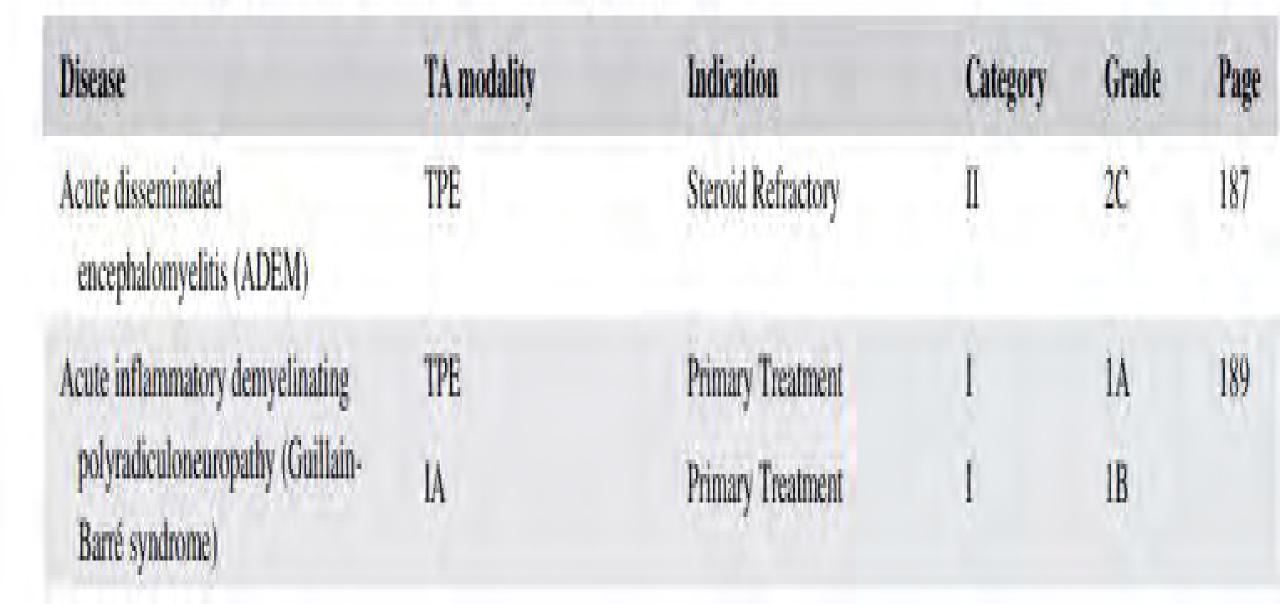
Kazuhito Fukuoka,<sup>1</sup> Mitsumasa Kishimoto, <sup>1</sup> Takahisa Kawakami, <sup>1</sup> Yosinori Komagata, <sup>1</sup> and Shinya Kaname <sup>1</sup>

Associated Data

Data Availability Statement

plasma exchange therapy (PEX) has been frequently used and is expected to be effective in some diseases, most of which are included in small vessel vasculitides. In particular, data showing efficacy have been accumulated for immune complex vasculitis, and the recommendation seems to be high. For instance, anti-GBM nephritis, concomitant use of PEX is essential and strongly recommended. On the other hand, for ANCA-related vasculitis among small vessel vasculitis, RCTs have recently shown negative results. In particular, the PEXIVAS trial statistically showed that PEX has no potential to reduce the mortality and renal death in AAV, but the ASFA, ACR, and KDIGO guidelines following this trial all regard PEX as salvage therapy or selective treatment for severe cases. As plasmapheresis is often performed in combination with other therapies, it is difficult to evaluate to clarify its efficacy on its own, and this predisposition may be pronounced in vasculitis, a rare disease. Although statistically significant differences are not apparent, the diseases that show a trend toward efficacy may possibly include treatment-sensitive subgroups. Further analysis is expected in the future.

## TABLE 1 Category and Grade Recommendations for Therapeutic Apheresis



Number of Number Survival ASFA of Survivors, Patients, n Rate, n Categorization Patients n (%) Diagnosis (%) (%) P .020<sup>b</sup> 8 (9.5) 5 (62.5) 13 10 (76) Autoimmune encephalitis, 1 other encephalitis (Hashimoto), refractory epilepsy 3 (3.6) 3 (100) HUS 2 (2.4) GBS 2 (100) 5 Mushroom poisoning 4 (80) 3 (3.6) 3 (100) II 1 (1.2) 1(100)SLE 1 (1.2) 0 (0) 34 (40.4) 65 MOF + TAMOF (including III 27 (41.4) 35.2 sepsis or sepsis + MOF) Liver Failure + hepatic 24 (28.5) 13 (54.1) encephalopathy HLH-MAS 0 (0) 2 (2.4)

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Indications for Therapeutic Plasma Exchange and Its Related Outcomes

# How to do ??????



Home > Critical Care Pediatric Nephrology and Dialysis: A Practical Handbook > Chapter

### Plasmapheresis in Pediatric Renal Disease

Daniella Levy-Erez & Haewon C. Kim

Chapter | First Online: 02 February 2019

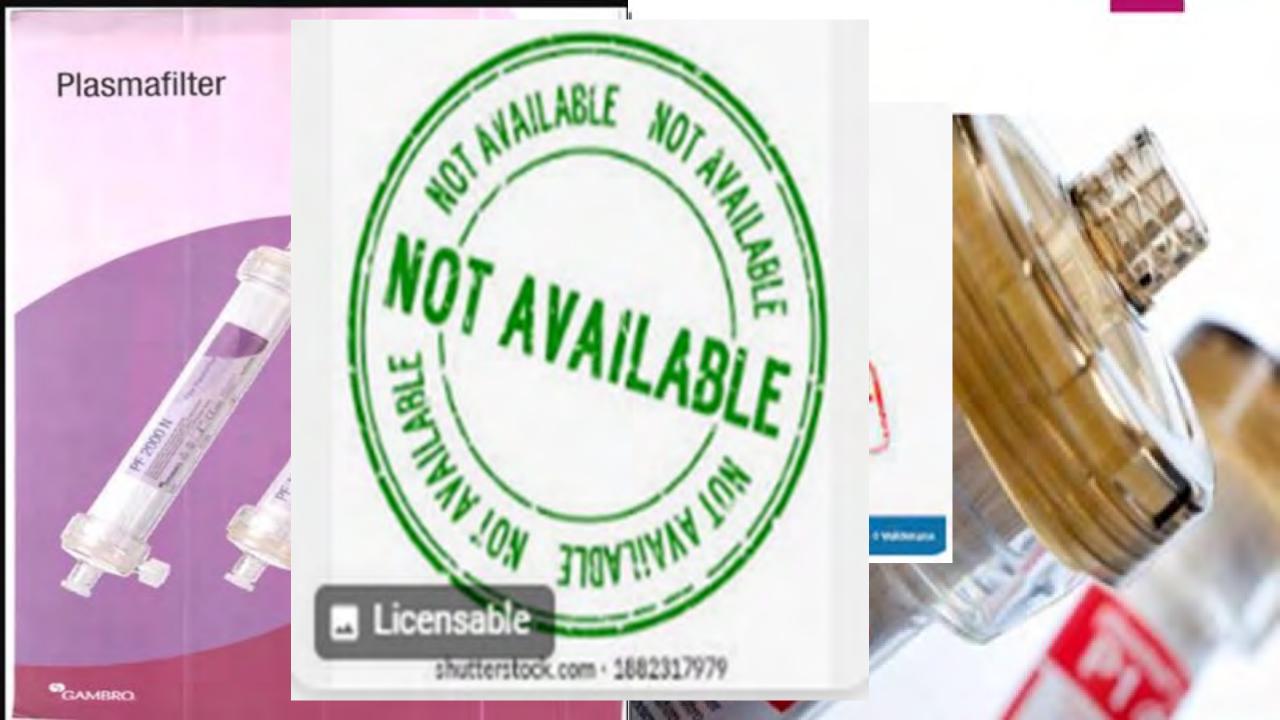
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TPE is not a benign procedure, and complications in children are higher compared with adults. However, continuous improvement in techniques and instrument allow apheresis to be performed safely in children. **Table 13.1** Pediatric guidelines for central venous access devices for acute or short-term (<14 days) and chronic (>14 days) apheresis<sup>a</sup> [6]

Patient weight	Catheter/port size (French) <sup>b</sup>			
(kg)	Acute or short term (<14 days) (non-cuffed)	Chronic (>14 days) (cuffed)		
<10	Single-lumen, 5 Fr Turbo-flo PICC <sup>c</sup>	Double-lumen, 6 Frd		
	Double-lumen, 7 Fr			
11-19	Single-lumen, 5 Fr Turbo-flo PICC <sup>e</sup>	Double-lumen, 6 Fr <sup>d</sup>		
	Double-lumen, 8 Fr	Double-lumen, 8 Fr		
20-29	Double-lumen, 8 Fr	Double-lumen, 8 Fr		
		Single-lumen, 7.5°, 6.6 <sup>f</sup> , 8 <sup>f</sup> Fr port		
30–39	Double-lumen, 9 Fr	Double-lumen, 8 Fr		
		Single-lumen, 8 Fr portf		
41-50	Double-lumen, 9 Fr	Double-lumen, 10 Fr		
	Double-lumen, 11.5 Fr	Double-lumen, 11.4 Fr porte		
		Single- lumen, 9.6 Fr IV Port <sup>g</sup>		
>50	Double-lumen, 11.5 Fr, 12 Fr, or 13.5 Fr	Double-lumen, 10 Fr		
		Single- lumen, 9.6 Fr IV Port <sup>g</sup> Double-lumen, 11.4 Fr port <sup>e</sup>		





Туре	PF 1000 N	PF 2000 N	
Effective membrane area (m <sup>2</sup> )	0.15	0.35	
Fiber dimensions Inner diameter (μm) Wall thickness (μm) Max. pore size (μm)	330 150 0.5	330 150 0.5	
Sterilization agent	Ethylene oxide		
Components	Materials		
Membrane Potting material Housing and caps Protective caps blood side	Polypropylene Polyurethane Polycarbonate Polypropylene	(PP) (PUR) (PC) (PP)	

- The pressure gradient between arterial inlet and filtrate outle should be strictly controlled. **Do not exceed** a transmembrane pressure of:
  - PF 1000 N = 200 mmHg
  - PF 2000 N = 120 mmHg

### PF 1000N:

The bloodflow rate should not exceed 200 ml/min or fall below 50 ml/min. The optimal range is between 80 - 130 ml/min.

### PF 2000N:

The bloodflow rate should not exceed 250 ml/min or fall below 100 ml/min. The optimal range is between 150 - 200 ml/min.

Table 3 Obligatory extracorporeal volume of equipment for continuous pediatric plasmapheresis

Plasmapheresis equipment

Baxter BM25 plus filter

Cobe spectra Cobe Optia

Fenwal Amicus

Obligatory extracorporeal volume of equipment (mL)

Neonatal: 85–100 Pediatric: 101–116 170 185 160



Portion of Plasma Volume Exchanged (Ve/EPV)	Volume Exchanged Ve (ml)	Immunoglobulin Removed MRR%
0.5	1400	39
1	2800	63
1.5	4200	78
2	5600	86
2.5	7000	92
3	8400	95

For this reason, usually one, and at most 2 plasma volume equivalents (Ve/EPV) are exchanged during one plasmapheresis session

Equations	Blood volume		
Russel 1949 [114]			
Weight (kg)	Blood volume (mL)		
3-10	$58.2 \times weight (kg) = 42$		
10-20	$82.7 \times \text{weight (kg)} + 17$		
20-30	95.7 × weight (kg) - 274		
Nadler 1962 [115]			
Sex	Blood volume (mL)		
Male	$0.3669 \times \text{height } (m)^3 + 0.03219 \times \text{weight } (kg) + 0.6041$		
Female	$0.3561 \times height (m)^3 + 0.03308 \times weight (kg) + 0.1833$		
Geigy scientific tables 197	0 [116]		
Age	Mean blood volume per weight (mL/kg)		
24 h	83		
3 months	87		
6 months	86		
1 year	180		
6 years	SO.		
10 years	75		
15 years 71			
Adult men	71		
Adult women	70		

### hematocrit} $\times$ 1,000.

### **Replacement fluid**

### Choice of Replacement solution

- Albumin
- Advantage:
- No risk of hepatitis
- Stored at room temperature
- Allergic reaction are rare
- No concern about ABO blood group
- Depletes inflammation mediators
- Disadvantage:
- Expensive
- No coagulation factors
- No immunoglobulin's

- Fresh Frozen Plasma
- Advantage:
- Coagulation factors
- Immunoglobulin's " beneficial" factors complement
- Disadvantage:
- Risk of hepatitis, HIV transmission
- Allergic reaction
- Hemolytic reaction
- Must be thawed
- Must be ABO compatible
- Citrate load



## Specific indications: TTP/HUS.

- preexisting defect in hemostasis.
- risk of cholinesterase depletion.

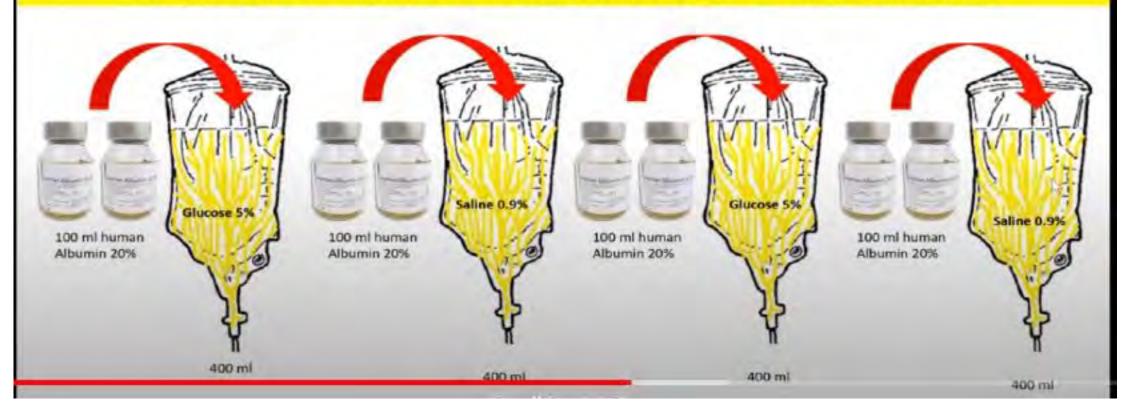


- when the fibrinogen level is low (< 125 mg/dL).

- minimum 2–5 ds pre- and post-surgery
- For daily, multiple closely spaced (e.g., every other day) or TPEs with albumin replacement which result in a dilutional coagulopathy

#### SUBSTITUTION OF TWO LITERS PLASMA BY FRESH FROZEN PLASMA esis And Inter CHARGE 11400 and inte spectral later distanti di stato -DAMES - LANK And International States And in case HERE TAXABLE INCOME. Index I make ARRST LARGE INDEX 1-DISC INCOME VALUES index terms INDEX 10880 -1000 Arritation" Prop. 1 200 ml 200 ml

#### PREPARATION OF TWO LITERS PLASMA SUBSTITUTION BY HUMAN ALBUMIN



### Anticoagulation

#### Comparison of anticoagulants

SUMMARY

#### Citrate:

- 1. Familiar in blood-banking.
- 2. Short-acting: prescribe ratio to blood flow
- No systemic anticoagulant effect; risk of "citrate toxicity"
- 4. Suitable for low-flow circuits

#### Heparin:

- 1. Familiar in dialysis.
- Long-acting: prescribe units/ Kg body wt/ hour
- Systemic anticoagulant; risk of bleeding; rare HIT
- Suitable for high-flow circuits



### Complication of plasmapeheresis

#### Related to vascular access:

- Hematoma
- Pneumothorax
- Retroperitoneal bleed

#### Related to the procedure

- Hypotension form externalization of blood in the extracorporeal circuit.
- Hypotension due to decrease intravascular oncotic pressure.
- Bleeding from reduction in plasma levels of coagulation factors
- Edema formation due to decrease intravascular oncotic pressure
- Loss of cellular elements ( platelets )
- Hypersensitivity reactions

### Complication of plasmapeheresis

#### Related to anticoagulation:

- Bleeding, especially with heparin
- Hypocalcemic symptoms ( with citrate)
- Arrhythmias
- Hypotension
- Numbness and tingling of extremities
- Metabolic alkalosis from citrate



Editorial > Indian J Pediatr. 2021 Aug;88(8):745-746. doi: 10.1007/s12098-021-03821-6. Epub 2021 May 26.

Pediatric Therapeutic Plasma Exchange: Coming of Age?

Saptarshi Mandal <sup>1</sup>, Aditi Sinha <sup>2</sup>

Affiliations + expand PMID: 34041697 DOI: 10.1007/s12098-021-03821-6



Pediatric TPE constitutes less than one-twentieth of all apheresis procedures

TPE in children is challenging because of

Currently available machines and disposables are designed for adult patients To be able to perform the procedure safely in children using currently available device, careful consideration should be given primarily to three areas :

intravascular volume red cell mass

anticoagulation

vascular access

Editorial > Indian J Pediatr. 2021 Aug;88(8):745-746. doi: 10.1007/s12098-021-03821-6. Epub 2021 May 26.

Pediatric Therapeutic Plasma Exchange: Coming of Age?

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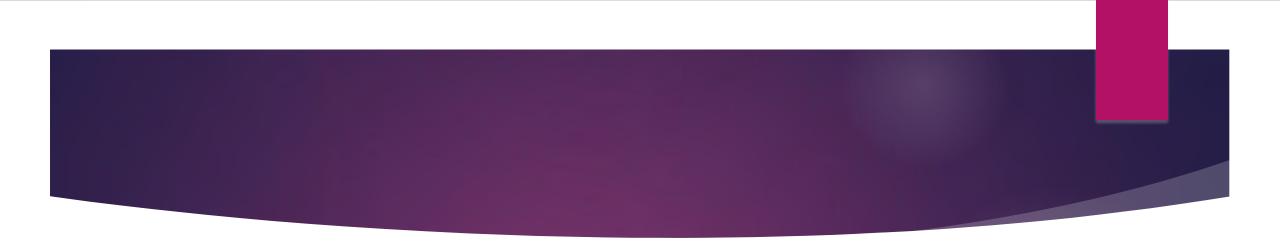


## Thank you



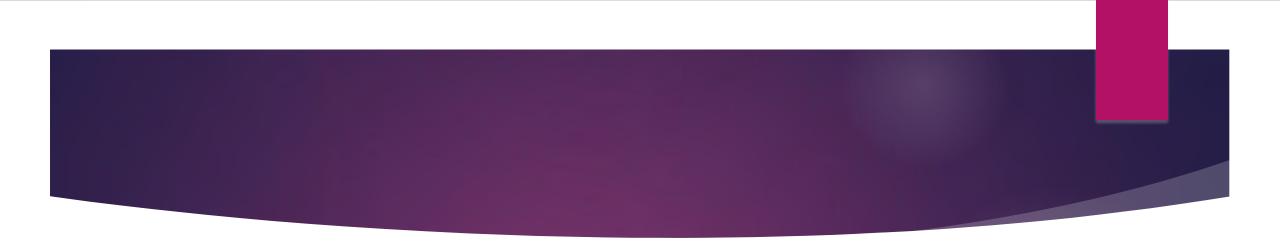
Which of the following is correct regarding ASFA guidelines:

- A) Anti GBM nephritis is considered category II
- **B)** category III means PEX may be harmful
- C) It is adapted mainly for children
- D) TTP is considered category I



Which of the following is correct regarding PEX in pediatrics:

- A)catheter guidelines are the same for acute and chronic purpose.
- **B)** you can use salt free albumin in all indications of PEX
- C) review literature are abundant
- D) Heparin anticoagulation is more suitable for long circuits



Which of the following is correct regarding indications of PEX in pediatrics:

- A) PEX has very imp role in all types of ANCA associated vasculitis
- B) patients with GBS could have great benefits from PEX
- C) PEX has no role in TTP
- D) Role of PEX in Multiorgan failure is well established